

Solutions

1. There are a few weak pawns in this position. White has as isolated pawn on a4 and a backward pawn on c3. Black has an isolated pawn on a6 and a backward pawn on e7.
2. Black has doubled pawns on c6 and c5. They are quite weak because they cannot be defended by other pawns.
3. Black has a very weak pawn structure in this position. His pawns on d6 and h6 are isolated and the ones on the f file are doubled. White has a possibility to take the isolated d6 pawn but that's not the best since it allows some counterplay for black with Raa2. Instead, a better move is Nh5 followed by Nf6 – winning a pawn with tempo.
4. White should put pressure on that weakness. The best continuation for white is Nf4 attacking the isolated pawn with both the knight and the rook.
5. Black can develop his light-squared bishop to g4 with the idea to take the knight and damage white's pawn formation. After the trade white will be left with an isolated h2 pawn and doubled pawns on the f file.